

Chapter 10 and 11 Discussion

1. Abraham Maslow's hierarchy of needs (<https://www.simplypsychology.org/maslow.html>) identifies some things as basic. Are your personal basic needs met? Say more.
2. Spend some time with the questions on p 186. What did you learn?
3. Luther proposed that we live out our vocation in a variety of arenas: self, home/family, community, church, civic (I add creation). Vocation comes from the Latin word for "voice" and is related to "calling." Tell a story about seeking self-balance as you express your vocation. What does success look like?
4. Consider this quote: "Does your lifestyle line up with your gifts and values? Money, time, talents, and relationships?" (p 203) Do one thing that creates more alignment, even if only for a moment. What do you notice?