

THE LITURGY OF THE HOURS



PRAYER FOR THE MORNING TIME

The Liturgy of the Hours podcast... presented by Luther Seminary Chapel and Augsburg University Campus Ministry. Prayer for wherever you may be.

The Liturgy of the Hours is the passed-through-the-generations practice of daily prayer offered through praise, prayer, song, psalm and scripture. Now available by podcast. Prayer from the great cloud of witnesses to your cloud.

This season we offer Matins: prayer for the morning time. This week's liturgists are Tom Witt and Mary Preus. Readings are offered by Augsburg Student: Ian Heseltine

We calm our hearts now as we open ourselves to the presence of God.

Dialogue and Doxology

O God, open my lips,
And my mouth shall declare your praise.
Glory be to God, our Creator,
Glory be to Jesus the Christ,
Glory be to the Spirit, now and forever, Amen.
Give glory to God, our light and our life.

Psalmody: Psalm 103

Refrain: For God enfolds you with love and tender mercy.

My soul, bless the Lord,
bless God's holy name!
My soul, bless the Lord,
hold dear all God's gifts!
Bless God, who forgives your sin
and heals every illness,
who snatches you from death
and enfolds you with tender care. REFRAIN

God fills your life with richness
and gives you an eagle's strength.
The Lord, who works justice
and defends the oppressed,
teaches Moses and Israel
divine ways and deeds.
The Lord is tender and caring,
slow to anger, rich in love. REFRAIN

God will not accuse us long,
Nor bring our sins to trial,
nor exact from us in kind
what our sins deserve.
As high as heaven above the earth
so great is God's love.
As far as east from west,
so God removes our sins.
As tender as father to child,
so gentle is God to the faithful. REFRAIN

Psalm refrain by Tom Witt.

Song: "Here in This Ordinary Place"

1. May we awake, awakened to the presence of God, here in this ordinary place.
2. May we awake, awakened to the Spirit of Love, here on this ordinary day.
3. And may we be the church of Jesus welcoming all, here in this ordinary crowd.
4. And may we hear the Word of gracious mercy and peace, now in this ordinary time.

Words and music © 1999 by Bret Hesla. Verses 3 and 4 by Tom Witt.

Reading: Philippians 2:1-13

¹If then there is any encouragement in Christ, any consolation from love, any sharing in the Spirit, any compassion and sympathy, ²make my joy complete: be of the same mind, having the same love, being in full accord and of one mind. ³Do nothing from selfish ambition or conceit, but in humility regard others as better than yourselves. ⁴Let each of you look not to your own interests, but to the interests of others. ⁵Let the same mind be in you that was in Christ Jesus,

⁶who, though he was in the form of God, did not regard equality with God as something to be exploited, ⁷but emptied himself, taking the form of a slave, being born in human likeness. And being found in human form, ⁸he humbled himself and became obedient to the point of death— even death on a cross.

⁹Therefore God also highly exalted him and gave him the name that is above every name,

¹⁰so that at the name of Jesus
every knee should bend,
in heaven and on earth and under the
earth,

¹¹and every tongue should confess
that Jesus Christ is Lord,
to the glory of God the Father.

¹²Therefore, my beloved, just as you have
always obeyed me, not only in my presence,
but much more now in my absence, work out
your own salvation with fear and trembling; ¹³for
it is God who is at work in you, enabling you
both to will and to work for his good pleasure.

Gospel Canticle: “The Canticle of Zachary”

Now bless the God of Israel who comes in love
and power,
who raises from the royal house deliverance in
this hour.
through holy prophets God has sworn to free us
from alarm,
to save us from the heavy hand of all who wish
us harm.

Remembering the covenant, God rescues us
from fear,
that we might serve in holiness and peace from
year to year;
and you, my child, shall go before to preach, to
prophesy,
that all may know the tender love, the grace of
God most high.

In tender mercy, God will send the dayspring
from on high,
our rising sun, the light of life for those who sit
and sigh.
God comes to guide our way to peace, that
death shall reign no more.
Sing praises to the Holy One! O worship and
adore!

*Text: Luke 1: 67-79, by Ruth Duck, © 1992 GIA Publications,
Inc. Music by Marty Haugen © 1995 GIA Publications.*

Prayers

The Lord be with you.

And also with you.

Let us pray.

Mighty God of mercy, we thank you for the
resurrection dawn,
bringing the glory of our risen Lord who makes
every day new.

Especially we thank you—

for the sustaining goodness of your creation . . .

for the new creation in Christ and all gifts of
healing and forgiveness . . .

for the gifts of relationship with others . . .

for the communion of faith in your church . . .

Merciful God of might, renew this weary world,
heal the hurts of all your children,
and bring about your peace for all in Christ
Jesus, the living Lord.

Especially we pray—

for those who govern nations of the world . . .

for the people in countries ravaged by strife or
warfare . . .

for all who work for peace and international
harmony . . .

for all who strive to save the earth from
carelessness and destruction . . .

for the church of Jesus Christ in every land . . .

We give thanks to you, heavenly Father,
through Jesus Christ your dear Son, that you
have protected us through the night from all
harm and danger. We ask that you would also
protect us today from sin and all evil, so that our
life and actions may please you. Into your
hands we commend ourselves: our bodies, our
souls, and all that is ours. Let your holy angels be
with us, so that the wicked foe may have no
power over us.

Amen.

Lord's Prayer

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those
who sin against us.**

Save us from the time of trial

**and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and forever. Amen.**

Blessing

May God bless and keep us.
Amen.

May God's face ever shine upon us.
Amen.

May god grant us peace for all our days.
Amen.

Song: "O Christ, Surround Me"

God be the love to search and keep me;
God be the prayer to move my voice;
God be the strength to now uphold me

O Christ, surround me, O Christ surround me.

Bind to myself the Name of Holy,
Great cloud of witnesses enfold;
Prophets, apostles, angels witness.

Closing Credits and Peace

The liturgy of the hours podcast is brought to you by Luther Seminary Chapel and Augsburg University Campus Ministry.

This episode was led by Tom Witt, Mary Preus, and Ian Heseltine.
This episode was produced by Jami Goetz and Jeni Grangaard.
The theme Music is by Nate Crary

Readings were selected from the Revised Common Lectionary and read from the New Revised Standard Version.

Liturgy and hymns are from the Evangelical Lutheran Book of Worship and other sources.

Portions are streamed from OneLicense.net #A730924 and Augsburg Fortress Annual License #26450, CCLI #1725436

Thank you for listening and praying along with this community. Until next time. Peace.

O Christ, surround me, O Christ surround me.

Brightness of sun and glow of moonlight,
Flashing of lightning, strength of wind,
Depth of the sea to solid planet:

O Christ, surround me, O Christ surround me.

Walking behind to hem my journey,
Going ahead to light my way,
And from beneath, above and all ways,

O Christ, surround me, O Christ surround me.

Christ in the eyes of all who see me,
Christ in the ears who hear my voice,
Christ in the hearts of all who know me.

O Christ, surround me, O Christ surround me.

Text: based on St. Patrick's Breastplate

Tune: GREEN TYLER

Text and tune: Richard Broxvoort-Colligan © 2001 This here Music Licensed through CCLI.