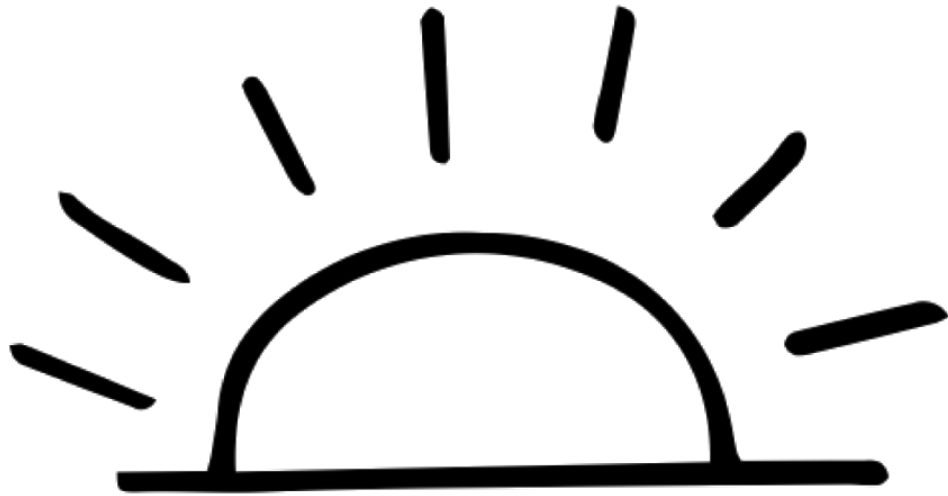


# THE LITURGY OF THE HOURS



MATINS

VESPERS

COMPLINE

# CHAPTER ONE Matins

## Dialogue and Doxology

O Lord, open my lips,

**And my mouth shall proclaim your praise.**

Satisfy us in the morning with your steadfast love, O God,

**that we may rejoice and be glad all our days.**

**Praise to the blest and holy Trinity, one God, who gives us life, salvation, and resurrection.**

**Alleluia.**

## Psalmody

### Psalm 95: "Stand On the Rock"

*Refrain:*

**Come let us sing and give thanks to God.**

**Stand on the rock and shout with joy!**

Come, sing with joy to God, our rock and savior,  
enter God's presence with praise and song.  
For you cradle the depths of the earth, and hold  
the mountain peaks,  
you shaped the oceans and formed the earth  
by your hand. *Refrain*

Come and bow down to God who is our maker  
This is our God, who shepherds the flock with  
greatest care.  
Harden not your hearts as on that day in the  
desert, when they tested God, though they'd  
seen God's hands at work. *Refrain*

*Psalm refrain by Linnea Good, inspired by the poetry of Lynn Baumann*

*Setting ©2005 Borealis Music, [www.LinneaGood.com](http://www.LinneaGood.com)*

*Lyric from: Ancient Songs Sung Anew, The Psalms as Poetry, translations by Lynn C. Bauman*

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*[www.praxisofprayer.com](http://www.praxisofprayer.com)*

### Song: "Joy Shall Come in the Morning"

Joy shall come in the morning.  
Joy shall come in the morning soon  
Joy shall come in the morning Joy shall come to  
you.  
Out of darkness we have light, comes the day  
from the night.  
Joy shall come in the morning Joy shall come to  
you.

Peace shall come in the morning.  
Peace shall come in the morning soon.  
Peace shall come in the morning  
Peace shall come to you.  
Siblings all in charity. Siblings all in unity.  
Peace shall come in the morning Peace shall  
come to you.

Love shall come in the morning.  
Love shall come in the morning soon  
Love shall come in the morning Love shall come  
to you.  
Comfort us that we might live knowing love that  
we might give.  
Love shall come in the morning. Love shall  
come to you.

Hope shall come in the morning  
Hope shall come in the morning soon  
Hope shall come in the morning Hope shall  
come to you.  
Take this pain from the night.  
Open your heart with wings take flight.  
Hope shall come in the morning. Hope shall  
come to you."

*Words and music by Mary Alice Amidon (2007), inspired by Psalm 30*

### Reading: Isaiah 55:10-13

For as the rain and the snow come down from  
heaven,  
and do not return there until they have  
watered the earth,  
making it bring forth and sprout,  
giving seed to the sower and bread to the  
eater,  
so shall my word be that goes out from my  
mouth;  
it shall not return to me empty,  
but it shall accomplish that which I purpose,  
and succeed in the thing for which I sent it.

For you shall go out in joy,  
and be led back in peace;  
the mountains and the hills before you  
shall burst into song,  
and all the trees of the field shall clap their  
hands.  
Instead of the thorn shall come up the  
cypress;  
instead of the brier shall come up the  
myrtle;  
and it shall be to the Lord for a memorial,  
for an everlasting sign that shall not be cut  
off.

## **Gospel Canticle:** **"Now Bless the God of Israel"**

Now bless the God of Israel who comes in love  
and power,  
who raises from the royal house deliverance in  
this hour.  
through holy prophets God has sworn to free us  
from alarm,  
to save us from the heavy hand of all who wish  
us harm.

Remembering the covenant, God rescues us  
from fear,  
that we might serve in holiness and peace from  
year to year;  
and you, my child, shall go before to preach, to  
prophecy,  
that all may know the tender love, the grace of  
God most high.

In tender mercy, God will send the dayspring  
from on high,  
our rising sun, the light of life for those who sit  
and sigh.  
God comes to guide our way to peace, that  
death shall reign no more.  
Sing praises to the Holy One! O worship and  
adore!

*Text by Ruth Duck. Music by Marty Haugen © 1995 GIA  
Publications.*

## **Prayers**

The Lord be with you.

**And also with you.**

Let us pray.

Mighty God of mercy, we thank you for the  
resurrection dawn, bringing the glory of our risen  
Lord who makes every day new.

Especially we thank you—

for the sustaining goodness of your creation . . .  
for the new creation in Christ and all gifts of  
healing and forgiveness . . .  
for the gifts of relationship with others . . .  
for the communion of faith in your church . . .

Merciful God of might, renew this weary world,  
heal the hurts of all your children, and bring

about your peace for all in Christ Jesus, the  
living Lord.

Especially we pray—

for those who govern nations of the world . . .  
for the people in countries ravaged by strife or  
warfare . . .  
for all who work for peace and international  
harmony . . .  
for all who strive to save the earth from  
carelessness and destruction . . .  
for the church of Jesus Christ in every land . . .  
for justice at the murders of George Floyd,  
Ahmaud Arbery, and Breonna Taylor and so  
many more. We speak their names now...

O God, you have called your servants to  
ventures of which we cannot see the ending,  
by paths as yet untrodden, through perils  
unknown. Give us faith to go out with good  
courage, not knowing where we go, but only  
that your hand is leading us and your love  
supporting us; through Jesus Christ our Lord.

**Amen.**

## **Lord's Prayer**

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and forever. Amen.**  
**Blessing**

Let us bless the Lord.

**Thanks be to God.**

Almighty God, the Father, ✠ the Son, and the  
Holy Spirit, bless and preserve us.

**Amen.**

## CHAPTER TWO Vespers

### Dialogue

Jesus Christ is the light of the world,  
**The light no darkness can overcome.**  
Stay with us, Lord, for it is evening,  
**And the day is almost over.**  
Let your light scatter the darkness  
**And illumine your church.**

### Hymn of Light: "Light and Darkness"

(anonymous )

### Thanksgiving for Light

The Lord be with you.  
**And also with you.**  
Let us give thanks to the Lord our God.  
**It is right to give our thanks and praise.**

We give you thanks, O God,  
for in the beginning you called light into being,  
and you set light in the sky  
to govern night and day.  
In a pillar of cloud by day  
and a pillar of fire by night  
you led your people into freedom.  
Enlighten our darkness by the light of your Christ:  
may your Word be a lamp to our feet  
and a light to our path;  
for you are merciful,  
and you love your whole creation,  
and with all your creatures we give you glory,  
through your Son Jesus Christ,  
in the unity of the Holy Spirit,  
now and forever.

**Amen.**

### Psalmody

### Psalm 141: "We Lift Our Hands in Prayer"

*Refrain:*

**We lift our hands in prayer like incense rising  
and offer our lives to you, O God.**

God we call, for you are near: hear us and help us.  
Be now among us here: hear us and help us.

Be thou the loving ear: hear us and help us and  
all who cry. *Refrain*

Touch our lips, form every word: keep us from  
evil.

Unbind our hearts, O Lord: keep us from evil.  
Remind us we are restored: keep us from evil  
and all its lies. *Refrain.*

As we turn our gaze to you: Light of creation;  
and live our days with you: Light of creation;  
and burn and blaze in you: Light of creation,  
open our eyes. *Refrain.*

*Words and music by Ray Makeever © 2000 Augsburg  
Fortress*

### Psalm Prayer

O God, from the rising of the sun to its setting  
your name is worthy of all praise. Let our prayer  
rise before you as incense and with the lifting up  
of our hands may we offer our whole lives to  
you, through Jesus Christ, our Lord. Amen.

### Song: "Evening is Falling"

Evening is falling like the first evening  
Peeper is calling like the first frog.  
Praise the dark singing. Praise for the evening  
Murmurs go winging all through the bog.

Sweet resurrection. Compost is breaking  
Like the first making of the first soil  
Molding in wetness under the leaf pile  
Broken completeness where She has toiled.

Gentle the black heart soul of the evening  
Born on the wine-dark face of the deep  
Hues of contentment color the midnight  
all is renewed in circles of sleep.

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### Word

### Reading: Romans 8:1-11

There is therefore now no condemnation for  
those who are in Christ Jesus. For the law of the  
Spirit of life in Christ Jesus has set you free from  
the law of sin and of death. For God has done  
what the law, weakened by the flesh, could not

do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law—indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

### **Gospel Canticle: “My Soul Proclaims”**

*Refrain:*

**My soul proclaims your greatness, O God,  
my spirit rejoices in the love of my Savior.  
You have looked with favor on my simple ways,  
and I will praise you all of my days.**

You have called me blessed, done great things for me.

You have shown your mercy, set my spirit free.  
You have lifted the lowly, sent the rich away.  
You have filled the hungry, and holy is your name. *Refrain.*

You have humbled the mighty, scattered earthly pride.

You have strengthened your servants, kept us by your side.

You have honored your promise made so long ago.

You have blessed your children from age to age, and so: *Refrain.*

*Words and music by Ray Makeever © 2000 Augsburg Fortress. From Joyous Light Evening Prayer.*

### **Prayers**

In peace, let us pray to the Lord.

**Lord, have mercy.**

For the peace from above, and for our salvation, let us | pray to the Lord.

**Lord, have mercy.**

For the peace of the whole world, for the well-being of the church of God, and for the unity of all, let us | pray to the Lord.

**Lord, have mercy.**

For this holy house, and for all who offer here their worship and praise, let us | pray to the Lord.

**Lord, have mercy.**

For the health of the creation, for abundant harvests that all may share, and for peaceful times, let us | pray to the Lord.

**Lord, have mercy.**

For public servants, the government, and those who protect us; for those who work to bring peace, justice, healing, and protection in this and every place, let us | pray to the Lord.

**Lord, have mercy.**

For those who travel, for those who are sick and suffering, and for those who are in captivity, let us | pray to the Lord.

**Lord, have mercy.**

For deliverance in the time of affliction, wrath, danger, and need, let us | pray to the Lord.

**Lord, have mercy.**

Giving thanks for all who have gone before us and are at rest, rejoicing in the communion of all the saints, we commend ourselves, one another, and our whole life to you, through Christ our Lord.

**To you, O Lord.**

### **Lord's Prayer**

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.**

**Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and forever. Amen.  
Blessing**

Let us bless the Lord.  
**Thanks be to God.**

The peace of God, which surpasses all understanding, keep our hearts and our minds in Christ Jesus.  
**Amen.**

### **Song: "Deep Peace"**

Deep peace of the running waves  
deep peace of the flowing air,  
deep peace of the shining stars to you,  
deep peace of the quiet earth.

*Music by Ray Makeever text: Celtic traditional, adapt. Ray Makeever © 2009 Ray Makeever, admin. Augsburg Fortress*

## **CHAPTER THREE** Compline

### **Dialogue**

Almighty God grant us a quiet night and peace at the last.  
**Amen.**

It is good to give thanks to the Lord,  
**to sing praise to your name, O Most High;**  
to herald your love in the morning,  
**your truth at the close of the day.**

### **Night Hymn: "Darkness Now Enfolds Us"**

Darkness now enfolds us  
daylight is at end.  
Come O Shining Presence,  
Spirit, be our friend.  
Hover o'er the water,  
sleep within our breast.

Calm the waves within us,  
lead us now to rest.

*Words and music by Paschal Jordan, OSB, Trinidad and Tobago*

*Words © 1994 Diocese of Guyana, South America.*

*Music © 2000 GIA Publications, Inc.*

## **Confession and Forgiveness**

Let us confess our sin in the presence of God and of one another.

Holy and gracious God,

**I confess that I have sinned against you this day.**

**Some of my sin I know—**

**the thoughts and words and deeds**

**of which I am ashamed—**

**but some is known only to you.**

**In the name of Jesus Christ I ask forgiveness.**

**Deliver and restore me,**

**that I may rest in peace.**

By the mercy of God

we are united with Jesus Christ,

in whom we are forgiven.

We rest now in the peace of Christ

and rise in the morning to serve.

## **Psalmody: Psalm 4**

*Psalm refrain:* Let the light of your face shine on us, O God.

Answer me when I call,  
O God, defender of my cause!

You gave me room when I was in distress.  
Be gracious to me, and hear my prayer.  
*Refrain*

How long, you people, shall my honor suffer shame? How long will you love vain words, and seek after lies?

But know that God has set apart the faithful for God; God hears when I call.

When you are disturbed, do not sin;  
Ponder it on your beds, and be silent. *Refrain*

Offer right sacrifices, and put your trust in God.  
There are many who say, "O that we might see some good!"

Let the light of your face shine on us O God

You have put gladness in my heart more than  
when their grain and wine abound.

I will both lie down and sleep in peace;  
For you alone, O God make me lie down in  
safety. *Refrain*

*Musical Setting by Tom Witt*

## Psalm Prayer

O God, source of deliverance and help, do not  
let our hearts be troubled, but fill us with such  
confidence and joy that we may sleep in your  
peace and rise in your light; through Jesus  
Christ, our Savior and Lord.

**Amen.**

## Song: "With God Will I Lie Down This Night"

With God will I lie down this night and God  
will lyin' down by me.

With Christ will I lie down this night and  
Christ will be lyin' down by me.

With Spirit I will lie this night and Sprit will lie  
down by me.

With God and Christ and the Spirit three, be  
they all down lyin' by me.

*Text: Celtic traditional*

*Tune: Ray Makeever © 1999*

## Reading: Matthew 13:1-9, 18-23

That same day Jesus went out of the house and  
sat beside the sea. Such great crowds gathered  
around him that he got into a boat and sat  
there, while the whole crowd stood on the  
beach. And he told them many things in  
parables, saying: "Listen! A sower went out to  
sow. And as he sowed, some seeds fell on the  
path, and the birds came and ate them up.  
Other seeds fell on rocky ground, where they  
did not have much soil, and they sprang up  
quickly, since they had no depth of soil. But  
when the sun rose, they were scorched; and  
since they had no root, they withered away.  
Other seeds fell among thorns, and the thorns  
grew up and choked them. Other seeds fell on  
good soil and brought forth grain, some a

hundredfold, some sixty, some thirty. Let anyone  
with ears listen!"

"Hear then the parable of the sower. When  
anyone hears the word of the kingdom and  
does not understand it, the evil one comes and  
snatches away what is sown in the heart; this is  
what was sown on the path. As for what was  
sown on rocky ground, this is the one who hears  
the word and immediately receives it with joy;  
yet such a person has no root, but endures only  
for a while, and when trouble or persecution  
arises on account of the word, that person  
immediately falls away. As for what was sown  
among thorns, this is the one who hears the  
word, but the cares of the world and the lure of  
wealth choke the word, and it yields nothing.  
But as for what was sown on good soil, this is the  
one who hears the word and understands it,  
who indeed bears fruit and yields, in one case a  
hundredfold, in another sixty, and in another  
thirty."

## Responsory

Into your hands, O Lord, I commend my spirit.

**Into your hands I commend my spirit.**

You have redeemed me, O Lord, God of truth.

**Into your hands I commend my spirit.**

Glory to the Father, to the Son, and to the Holy  
Spirit.

**Into your hands, I commend my spirit.**

## Gospel Canticle

Guide us waking, O Lord,  
and guard us sleeping;  
that awake we may watch with Christ  
and asleep may rest in peace.

**Now, Lord, you let your servant go in peace:  
your word has been fulfilled.**

**My own eyes have seen the salvation  
which you have prepared in the sight of ev'ry  
people:**

**a light to reveal you to the nations  
and the glory of your people Israel.**

Guide us waking, O Lord,  
and guard us sleeping;  
that awake we may watch with Christ  
and asleep we may rest in peace.

## Prayers

Hear my prayer, O Lord;

**listen to my cry.**

Keep me as the apple of your eye;

**hide me in the shadow of your wings.**

In righteousness I shall see you;

**when I awake, your presence will give me joy.**

**Amen.**

## Lord's Prayer

Gathered into one by the Holy Spirit, let us pray  
as Jesus taught us.

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those**

**who sin against us.**

**Save us from the time of trial**

**and deliver us from evil.**

**For the kingdom, the power,**

**and the glory are yours,**

**now and forever. Amen.**

## Blessing

Let us bless the Lord

**Thanks be to God.**

Now in peace I will lie down and sleep;

**you alone, O God, make me secure.**

Let us bless the Lord.

**Thanks be to God.**

The liturgy of the hours is brought to you by the office of the seminary pastor at Luther Seminary.

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Producers: Jami Goetz and Pastor Jeni Grangaard

Several songs were recorded by *Bread for the Journey*

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Thank you for listening and praying along with this community. Until next time. Peace.