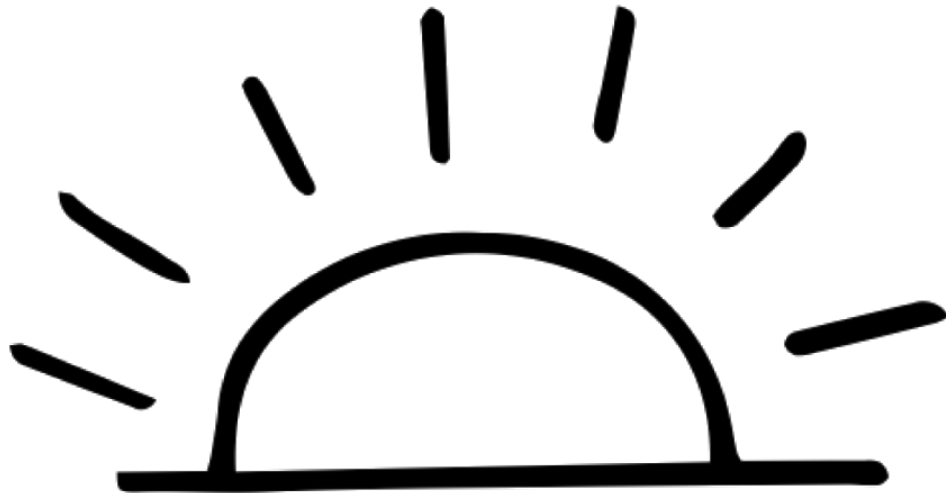


THE LITURGY OF THE HOURS



MATINS

VESPERS

COMPLINE

For the Fifth Sunday After Pentecost, Ordinary Time 14A

Welcome to the liturgy of the hours podcast: prayer that goes with you wherever you may be. The Liturgy of the Hours is an ancient practice of prayer that takes place throughout various times of the day. We offer one episode with three chapters: for morning prayer, evening prayer and night prayer.

This week's liturgist is Michael Morris. Texts are assigned for Ordinary Time #14, Year A.

CHAPTER ONE Matins

MERCY MATINS by Michael Morris

Dialogue

Oh Lord, open my lips, and my mouth shall proclaim your praise.

Glory to the Father and to the Son, and to the Holy Spirit the Three in One.

As it was, as it is, as it will be always.

Amen. Always. Amen. Always. Amen. Alleluia.

Psalmody

Oh come, let us sing to the LORD; let us make a joyful noise to the rock of our salvation!

Matins Hymn: "Hosanna"

Hosanna! Jesus is come!

The King of Creation, God the Father's Son!

Hosanna! Lift up your voice!

The Savior is with us, every heart rejoice!

Our hero has come, now, for to set us free.

No more slaves to men: we have our victory.

Christ Jesus arrives, now, to win over all!

And, we, as a choir, with one voice, shall call:

Hosanna! Jesus is come!

The King of Creation, God the Father's Son!

Hosanna! Lift up your voice!

The Savior is with us, every heart rejoice!

Behold: Our Redeemer rides triumphantly.

With palm branch raised high, we welcome victory.

God's people shall rise! Cruel power shall fall!

And, we, as a choir, with one voice, shall call:

Hosanna! Jesus is come!

The King of Creation, God the Father's Son!

Hosanna! Lift up your voice!

The Savior is with us, every heart rejoice!

Gospel Cantic

By the tender mercy of our God, the dawn from on high will break upon us.

1. Blessed are you, Lord, the God of Israel, you have come to set your people free.
2. You have raised up for us a mighty Savior born of the house of your servant David.

By the tender mercy of our God, the dawn from on high will break upon us.

3. You promised to save us from our enemies, from the hands of all who hate us,
4. To show mercy to our forebears, and to keep your holy covenant.
5. This you swore to Father Abraham, to set us free from our enemies.
6. Free to worship you without fear, holy and righteous before you all our days.

By the tender mercy of our God, the dawn from on high will break upon us.

7. And you shall be called the prophet of the Most High, for you will go to prepare the way,
8. To give people knowledge of salvation by the forgiveness of their sins.
9. By the tender mercy of our God the dawn from on high will break upon us
10. to shine on those who dwell in darkness and to guide us in the way of peace.

By the tender mercy of our God, the dawn from on high will break upon us.

Reading: Zechariah 9:9-12

A reading from Zechariah 9

⁹Rejoice greatly, O daughter Zion!

Shout aloud, O daughter Jerusalem!

Lo, your king comes to you;

triumphant and victorious is he,

humble and riding on a donkey,

on a colt, the foal of a donkey.

¹⁰He will cut off the chariot from Ephraim

and the war-horse from Jerusalem;

and the battle bow shall be cut off,

and he shall command peace to the

nations;

his dominion shall be from sea to sea,

and from the River to the ends of the earth.

¹¹As for you also, because of the blood of my covenant with you, I will set your prisoners free from the waterless pit.

¹²Return to your stronghold, O prisoners of hope;
today I declare that I will restore to you double.

Word of God, Word of Life. **Thanks be to God.**

Responsory

You have been born anew
Through the life and the Word of God.
You have been born anew
Through the life and the Word of God.

Prayers

The Lord be with you.

And also with you.

Let us pray.

Mighty God of mercy, we thank you for the
resurrection dawn, bringing the glory of our risen
Lord who makes every day new.

Especially we thank you—

for the sustaining goodness of your creation . . .
for the new creation in Christ and all gifts of
healing and forgiveness . . .
for the gifts of relationship with others . . .
for the communion of faith in your church . . .

Merciful God of might, renew this weary world,
heal the hurts of all your children, and bring
about your peace for all in Christ Jesus, the
living Lord.

Especially we pray—

for those who govern nations of the world . . .
for the people in countries ravaged by strife or
warfare . . .
for all who work for peace and international
harmony . . .
for all who strive to save the earth from
carelessness and destruction . . .
for the church of Jesus Christ in every land . . .
for justice at the murders of Elijah McClain,
Breonna Taylor, George Floyd, Ahmaud Arbery,
and Tony McDade and so many more.

The Lord's Prayer

Our Father in Heaven
Hallowed be your name
Your kingdom come, your will be done
On earth as in heaven.
Give us today our daily bread

Forgive us our sins as we forgive those who sin
against us.

Save us from the time of trial and deliver us from
evil

For the kingdom the power and the glory are
yours,

Now and forever. Amen.

Blessing

Let us bless the Lord. Thanks be to God!
Almighty God, the Father, Son, and the Holy
Spirit, Three in One.

Bless us in the day to come, and preserve us
every one.

Amen.

Peace

The Peace of the Lord be with you.

CHAPTER TWO Vespers

EVENING GRACE by Michael Morris

Litany

Jesus Christ is the light of the world!
The Light no darkness can overcome.
Stay with us for it is evening, and the day is
almost done.

Let your light scatter the darkness,
And shine on us your people!
Let your light scatter the darkness,
And shine on us your Church!

Hymn of Light

Joyous light, oh light of glory,
Heavenly God and holy Son.
Now we sing and share your story, now we see
the setting sun.
Now the shadows gather round,
Now we feel your Spirit too,
In our hearts, our hands and our prayers
As we lift them all to you.

Thanksgiving for Light

The Lord be with you.

And also with you.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

We give you thanks, O God,
for in the beginning you called light into being,
and you set light in the sky
to govern night and day.
In a pillar of cloud by day
and a pillar of fire by night
you led your people into freedom.
Enlighten our darkness by the light of your Christ:
may your Word be a lamp to our feet
and a light to our path;
for you are merciful,
and you love your whole creation,
and with all your creatures we give you glory,
through your Son Jesus Christ,
in the unity of the Holy Spirit,
now and forever.

Amen.

Psalmody

REFRAIN:

Let my prayer rise before you as incense, O Lord.
The lifting up of my hands unto you, O God of love.

1. O God, I call to you; come to me quickly!
Hear my voice when I cry to you. (REFRAIN)
2. Set a watch before my mouth; guard the door of my lips!
Let my heart not incline to sin (REFRAIN)
3. But my eyes are turned to you; in you I take refuge!
Strip me not of my life, O God. (REFRAIN)
4. Glory to the God of all; and to God's only Son!
And to the Holy Ghost! Amen! (REFRAIN)

Vespers Song:

“And Yet, You Still Love Me”

I am a lonely sinner, Lord
And, yet, you still love me
I live by fear. Hope I ignore.
And, yet, you still love me.

I try each day, and fail, oh Lord,
To live not just for me.
Selfish I choose to stay, oh Lord.
And, yet, you pardon me

It's not because I'm a friend to you.
It's not because I'm a lamb.
By only your will can my eyes see the Truth:
You love me as I am.

I've fought long with weapons of faith, oh, Lord,
For strength and victory.
But battlefields foster no grace: the sword
And shield cannot a soul free.

It's not because I'm a friend to you.
It's not because I'm a lamb.
By only your will can my eyes see the Truth:
You love me as I am.

I am a lonely sinner, Lord.
And, yet, you still love me.
As one so atoned, help me pray, oh, Lord:
Forgive those who sin against me.

Reading: Romans 7:15-25a

A reading from Romans 7

¹⁵I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. ¹⁶Now if I do what I do not want, I agree that the law is good. ¹⁷But in fact it is no longer I that do it, but sin that dwells within me. ¹⁸For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. ¹⁹For I do not do the good I want, but the evil I do not want is what I do. ²⁰Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me.

²¹So I find it to be a law that when I want to do what is good, evil lies close at hand. ²²For I delight in the law of God in my inmost self, ²³but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. ²⁴Wretched man that I am! Who will rescue me from this body of death? ^{25a}Thanks be to God through Jesus Christ our Lord!

Word of God, Word of Life. **Thanks be to God.**

Gospel Canticle

1. My soul magnifies the Lord, and my spirit rejoices in God!

You have given me favor Lord, and my spirit rejoices in God!

2. From now on, all will call me blessed, and my spirit rejoices in God!

Mighty One, may your name be blessed, and my spirit rejoices in God!

3. In your grace, age to age, we're bound, and my spirit rejoices in God!

By your strength thrones shall be torn down, and my spirit rejoices in God!

4. You have filled the poor with good things, and my spirit rejoices in God!

You have left no part for the kings, and my spirit rejoices in God!

5. You remember your servants Lord, and my spirit rejoices in God!

And the promise you made before, and my spirit rejoices in God!

6. My soul magnifies the Lord, and my spirit rejoices in God!

You have given me favor Lord, and my spirit rejoices in God!

Prayers

1. In peace let us pray to the Lord: Lord have mercy! Lord have mercy!

2. For the peace from above, let us pray: Lord have mercy! Lord have mercy!

3. For the peace of the world, let us pray: Lord have mercy! Lord have mercy!

4. For the health of the earth, let us pray: Lord have mercy! Lord have mercy!

5. For the health of the church, let us pray: Lord have mercy! Lord have mercy!

6. For the oneness of all, let us pray: Lord have mercy! Lord have mercy!

7. For this holy house, let us pray: Lord have mercy! Lord have mercy!

8. For all those gathered here, let us pray: Lord have mercy! Lord have mercy!

9. For all those far away, let us pray: Lord have mercy! Lord have mercy!

10. For all servants of Christ, let us pray: Lord have mercy! Lord have mercy!

11. For all those who seek peace, let us pray: Lord have mercy! Lord have mercy!

12. For all those who are sick, let us pray: Lord have mercy! Lord have mercy!

13. For all those who feel trapped, let us pray: Lord have mercy! Lord have mercy!

14. For all those who grieve loss, let us pray: Lord have mercy! Lord have mercy!

15. For justice and grace, let us pray: Lord have mercy! Lord have mercy!

16. For salvation and grace, let us pray: Lord have mercy! Lord have mercy!

17. For help, comfort, and grace, let us pray: Lord have mercy! Lord have mercy!

Amen!

Blessing

Let us bless the Lord.

Let us thank our God.

The peace of God

Keep our hearts and our minds in Christ.

Amen.

Amen.

Amen.

Hymn: "We Need Jesus' Light Everyday"

Oh Lord, we all have met with Darkness.

Oh Lord, we all can lose our way.

Oh Lord, it happens far too often.

Oh, we need Jesus' light everyday.

CHORUS

Every day...Every day...

Oh we need Jesus' light every day.

Each day as the world spins 'round,

Each night as the sun goes down,

Oh we need Jesus' light every day.

Oh Lord, our hearts have all been broken

And Fear suggests: broken they'll stay.

For how can trust, once dead e'er be awoken?

Oh, we need Jesus' light every day (CHORUS)

Oh Lord, though Faith can move a mountain

And, though, Love can heal all pain,
We find it hard to drink from blessed fountains.
Oh, we need Jesus' light every day (CHORUS)

Oh Lord, for those who may feel hopeless
With no strength, nor will to pray,
And for the rest who fail to notice...
Oh we need Jesus' light every day (CHORUS)

CHAPTER THREE Compline

Community Compline by Michael Morris

Opening Litany and Dialogue

Almighty God, grant us a quiet night
And peace at the last.
Almighty God, grant us a quiet night
And peace at the last.
By day, O God, you grant your steadfast love
And at night, your song is with me,
A prayer to the God of my life.

Night Hymn: "I Shall Follow Thee"

As the sun falls down
From blue sky to sea,
Without scent or sound,
Then, my child, flee

From the heights where you've found
Such prosperity.
If it be your will:
I shall follow thee.

Oh, take care, the ground
Can be hard to see,
As the night surrounds
All the day set free.

Still, son, dance around
Every old fir tree.
If it be your will:
I shall follow thee.

Though, to death you are bound,
So, too, destiny.
There awaits a crown
For her majesty,

Some unholy clown,
Some saint yet to be.
If it be your will:
I shall follow thee.

Confession and Forgiveness

Let us confess our sin in the presence of God
and of one another.
Holy and gracious God,
**I confess that I have sinned against you this day.
Some of my sin I know—
the thoughts and words and deeds
of which I am ashamed—
but some is known only to you.
In the name of Jesus Christ I ask forgiveness.
Deliver and restore me,
that I may rest in peace.**
By the mercy of God
we are united with Jesus Christ,
in whom we are forgiven.
We rest now in the peace of Christ
and rise in the morning to serve.

Psalmody

The LORD upholds all who are falling, and raises
up all who are bowed down.

Night Hymn: "Lullaby #1"

Sleep. Please, baby, just sleep.
I know that you're tired on your feet.
And I know that you're bound
On not coming down.
But, sleep. Please, baby, just sleep.

You see: the angels are guarding the weak.
Our Father is blessing the meek.
And the sun has come down
With a glorious sound
To level both valley and peak.

So, sleep. Please, baby, just sleep.
I know that you're tired on your feet.
And I know that you're bound
On not coming down.
But, sleep. Please, baby, just sleep.

Be quiet, beloved. Don't speak.
In my weakness, your love is complete.
We have been running around

While the sky all fell down
Unbroken, and safe, at our feet.
So, sleep. Please, baby, just sleep.
I know that you're tired on your feet.
And I know that you're bound
On not coming down.
But, sleep. Please, baby, just sleep.

Sleep. Please, baby, just sleep.

Sleep. Please, baby, just...

Reading: Matthew 11:16-19, 25-30

The Gospel according to Matthew, the eleventh chapter.

Glory to you, O Lord.

[Jesus spoke to the crowd saying:] ¹⁶“To what will I compare this generation? It is like children sitting in the marketplaces and calling to one another,

¹⁷“We played the flute for you, and you did not dance;

we wailed, and you did not mourn.”

¹⁸For John came neither eating nor drinking, and they say, ‘He has a demon’; ¹⁹the Son of Man came eating and drinking, and they say, ‘Look, a glutton and a drunkard, a friend of tax collectors and sinners!’ Yet wisdom is vindicated by her deeds.”

²⁵At that time Jesus said, “I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; ²⁶yes, Father, for such was your gracious will. ²⁷All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

²⁸“Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. ²⁹Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. ³⁰For my yoke is easy, and my burden is light.”

The Gospel of the Lord. **Praise to you, O Christ.**

Gospel Canticle

Guide us waking, guard us sleeping, that awake we may

Watch with Jesus and asleep that we may rest in peace.
Now Lord let your servant go in peace.
Your word has been fulfilled.
My own eyes have seen the salvation you've prepared
In the sight of everyone.
A light to reveal you to all
And the glory of your people.
Guide us waking, guard us sleeping
That awake we may
Watch with Jesus and asleep that we may rest in peace.

Responsory

1. Into your hands O Lord, I commend my spirit.
Into your hands O Lord, I commend my spirit.
2. You have redeemed me Lord, O God of the truth. You have redeemed me Lord, O God of the truth.
3. Into your hands O Lord, I commend my spirit.
Into your hands O Lord, I commend my spirit.
4. Praise to the Father, Son, and the Holy Spirit.
Praise to the Father, Son, and the Holy Spirit.
5. Into your hands O Lord, I commend my spirit.
Into your hands O Lord, I commend my spirit.
6. Into your hands O Lord, I commend my spirit.
Into your hands O Lord, I commend my spirit.

Prayers

Hear my prayer O Lord;
Listen to my cry.
Keep me as the apple of your eye.
Hide me in the shadow of your wings;
In righteousness I shall see you.
When I awake you will give me joy;
Your presence will give me joy.
Be present merciful God
And protect us through the hours of this night.
So that we who are wearied by the changes
and the chances of life
May find rest through the Christ.
Amen. Amen.

The Lord's Prayer

Our Father in Heaven
Hallowed be your name
Your kingdom come, your will be done
On earth as in heaven.

Give us today our daily bread
Forgive us our sins as we forgive those who sin
against us.
Save us from the time of trial and deliver us from
evil
For the kingdom the power and the glory are
yours,
Now and forever. Amen.

Blessing

Now in peace I will lie down and sleep;
You alone O God make me secure.
Let us bless the Lord, let us bless the Lord.
Thanks be to God.

The liturgy of the hours is brought to you by
the office of the Luther seminary pastor.

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Morris. Readings are offered by Katie
Hendrickson

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Thank you for listening and praying along
with this community. Until next time. Peace.